

Be Confident Group New Instructor Qualifications FAQs

Glossary:

New terminology:

RDC: Recognised Delivery Centre

1st4Sport: The single, externally-regulated awarding organisation which has developed and will oversee all instructor training and assessment

Level 2 Award in Instructor Cycle Training (L2AICT): Qualification developed by 1st4Sport in line with the new National Standard, which trains participants to become cycle instructors (replaces the NSIA, NSIP and NSIQ roles)

Level 3 Award in Developing Cycle Training Instructors (L3ADCTI): Qualification developed by 1st4Sport in line with the new National Standard, which trains cycle instructors to become cycle instructor trainers (replaces the NSIT role)

RPL: Recognised Prior Learning; evidence which existing instructors will upload to their e-portfolio to requalify for the new instructor qualifications

Old terminology:

NSIA: National Standard Instructor Assistant

NSIP: National Standard Instructor Provisional

NSIQ: National Standard Instructor Qualified

NSIT: National Standard Instructor Trainer

ITO: Instructor Training Organisation

1. *What are the new instructor qualifications?*

Two new instructor qualifications have been developed by 1st4Sport: the Level 2 Award in Instructor Cycle Training and the Level 3 Award in Developing Cycle Training Instructors. The introduction of instructor qualifications which align with the New National Standard will ensure better consistency and quality of instructor training and Bikeability delivery.

All instructor training and assessment will be based on the National Standard and national qualifications delivery guidance developed by 1st4Sport. This training will be delivered by recognised delivery centres (RDCs), regulated by 1st4Sport. To gain RDC status, delivery centres must have experience delivering Bikeability and must register a minimum number of candidates each

year. The Be Confident Group (comprising Cycle Confident and BikeRight!) has been among the first training organisations to gain RDC status in the UK.

2. *What's the role of the Bikeability Trust?*

The Bikeability Trust has managed the development and delivery of Bikeability on behalf of the Department for Transport since September 2018, including the National Standard review and parallel reform of instructor training. The Trust ensures that the National Standard is embedded in the instructor qualifications developed by 1st4Sport. It also ensures that only qualified instructors enter the Bikeability workforce. The Bikeability Trust is not involved in the recognition of delivery centres for instructor training.

3. *When will the instructor qualifications be available?*

1st4Sport will open registrations for the Level 3 Award in Developing Cycle Training Instructors (which replaces NSIT ITO training) on 1 May 2019. They will open registrations for the Level 2 Award in Instructing Cycle Training (which replaces NSIA/NSIP/NSIQ ITO training) on 1 August 2019. Registrations can be made through [1st4Sport](#), [BikeRight!](#) (UK-wide training venues, excluding London) or [Cycle Confident](#) (London training venues).

Once registered for the Level 2 Award, existing instructors will then have six months to complete their post-course/practical assessment (what it entails? Cost?). Existing active instructors are expected to register for the Level 2 Award within two years of the launch date. This includes: registration with 1st4sport for the Level 2 Award Instructing Cycle Training; an induction to the e-portfolio; support towards assessments and exemplar evidence which can be used to demonstrate work place competence for the qualification; a PCA on a specified date within 6 months of induction to the Level 2 Award.

4. *How will new instructors register for the Level 2 Award?*

New instructors can visit the [1st4Sport website](#) and choose a four-day training course offered by one of its RDCs (e.g. at BikeRight! or Cycle Confident). Alternatively, they can book through the RDCs directly, such as at [BikeRight!](#) (UK-wide training venues, excluding London) or [Cycle Confident](#) (London training venues). At the same time, they will register with the Bikeability Trust. They are expected to complete a post course assessment within six months of passing the training course.

5. *How will existing instructors register for the Level 2 Award?*

Existing instructors will register with 1st4Sport and choose an RDC. Most active, practising Bikeability instructors should not need to attend a four-day instructor training course. Instead, they should provide evidence of their prior learning and experience, and then undertake a practical assessment

delivering Bikability/post-course assessment (to ensure that they satisfy the requirements of the Level 2 Award).

6. *What evidence will be accepted for assessment and recognition of prior learning and experience?*

Existing, active, practising instructors must upload evidence into a 1st4Sport e-portfolio for assessment prior to their practical assessment. Evidence will comprise a mix of theory-based multiple-choice questions and work experience products. This may include lesson plans, assessment tools and internal quality assurance observations.

7. *Do instructors need to register with the Bikeability Trust?*

All instructors and instructor trainers registered for 1st4Sport qualifications will automatically be registered with the Bikeability Trust. Bikeability providers and instructors will not be required to affiliate with RDCs, but instructors will be expected to provide evidence to the Trust of annual professional development as a condition of continuing their registration. Bikeability providers and RDCs, supported by the Bikeability Trust, will provide instructors with professional development opportunities to meet the registration requirement.

8. *Can existing instructors continue to deliver Bikeability after August 2019?*

Yes, though National Standard Instructors will be expected to register for the new instructor qualification by 31 July 2021. Within this 'grandfather rights' period, their NSI status will remain current and they will continue to be able to deliver Bikeability through a registered provider.

9. *I am an NSIT. Which 1st4Sport qualification will I register for?*

To continue delivering instructor training, existing active NSITs will need to be affiliated with an RDC. They will need to achieve the Level 3 Award, as delivered by the RDC in question.

10. *What will it cost to gain a 1st4Sport qualification?*

1st4Sport will charge a one-off £40 registration fee for each candidate registering for the Level 2 Award, and a one-off £55 registration fee for each candidate registering for the Level 3 Award. RDCs will charge course and assessment fees at market rates (as ITOs currently do). The 1st4Sport cost is proportionate to the benefit of introducing formal, externally regulated qualifications.

On the anniversary of their registration with 1st4Sport, the Bikeability Trust will charge registered instructors an annual registration renewal fee of £25 to cover the cost of registration approval, online CPD resources, and

professional development places at national conference and regional workshops.

11. Will the Bikeability Trust contribute to the cost?

The Trust will contribute £60 towards the cost of a practical assessment for active Bikeability instructors who are already registered with Bikeability, who register for the new instructor qualification between 1 August 2019 and 31 July 2021. Payment for this will be through the RDCs and no instructor or Bikeability provider will have to claim the money back from the Bikeability Trust itself.

Transferring from your current to the new qualification

